

Major Depressive Disorder (MDD) Guideline

Patient Assessment

SIG E CAPS—Symptoms of Major Depressive and Dysthymic Disorders

- S** Sleep problems*
- I** Interest deficit
- G** Guilt, worthlessness*, hopelessness*, regret

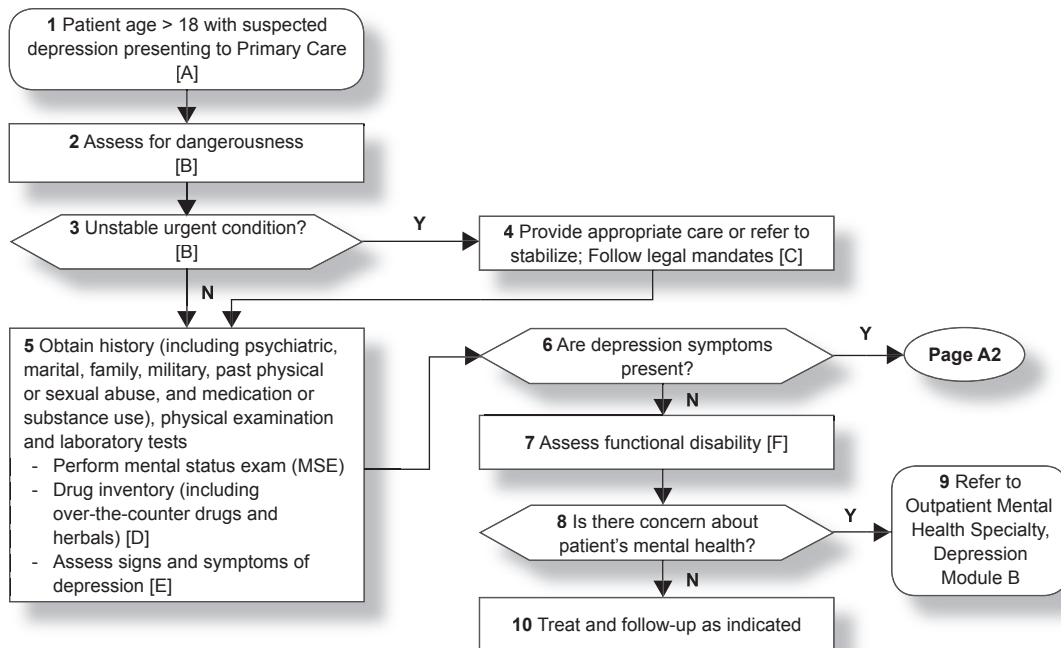
- E** Energy deficit*, fatigue

- C** Concentration deficit*
- A** Appetite disorder*—either increased or decreased
- P** Psychomotor retardation or agitation
- S** Suicidality

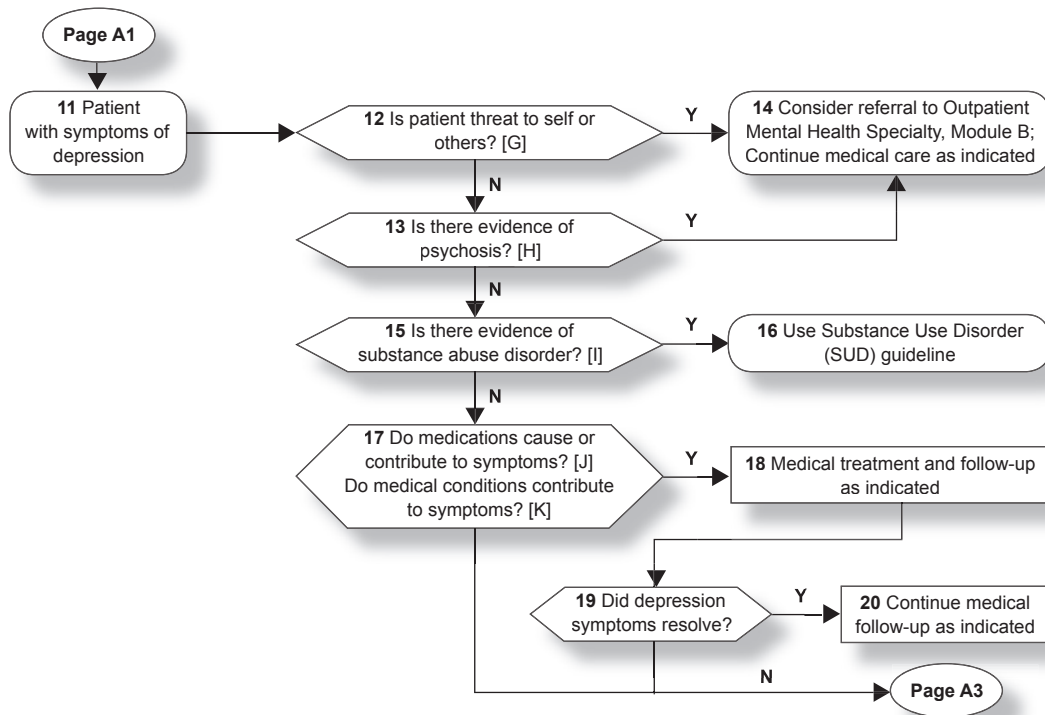
Note: To meet a diagnosis of major depression, a patient must have 4 of the symptoms plus depressed mood or anhedonia for at least 2 weeks. To meet a diagnosis of dysthymic disorder the patient must have 2 of the 6 symptoms marked with an asterisk (*) plus depressed mood for at least 2 years.



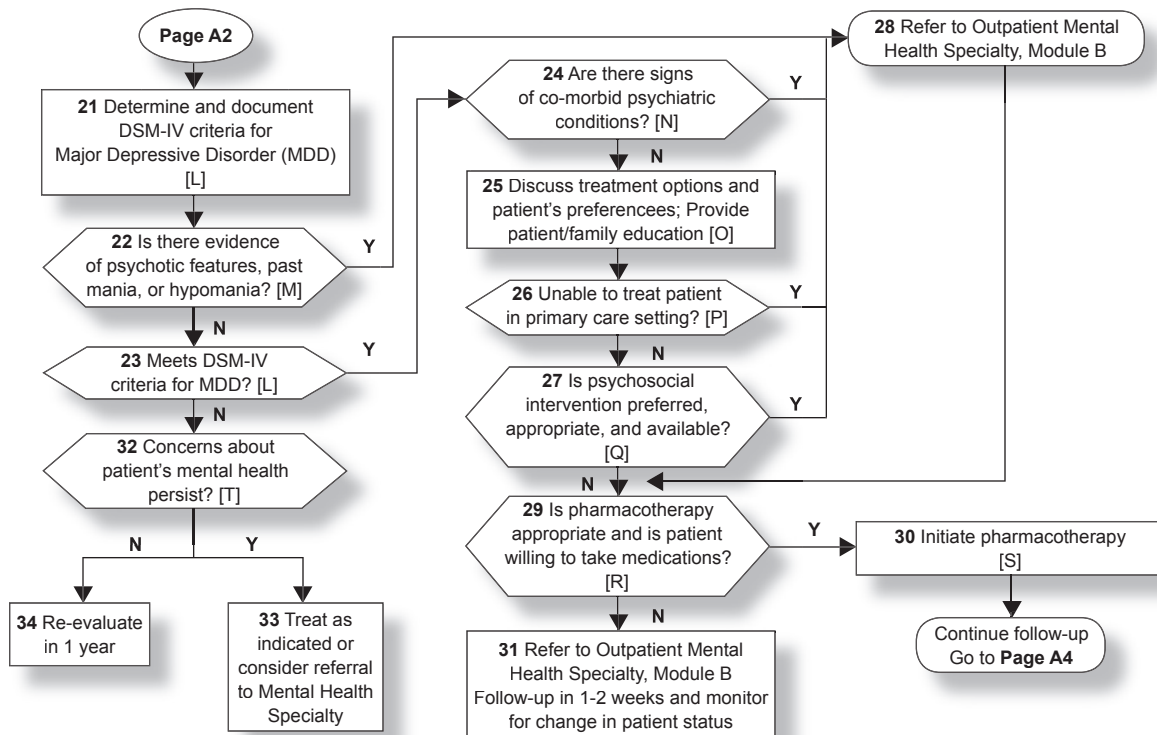
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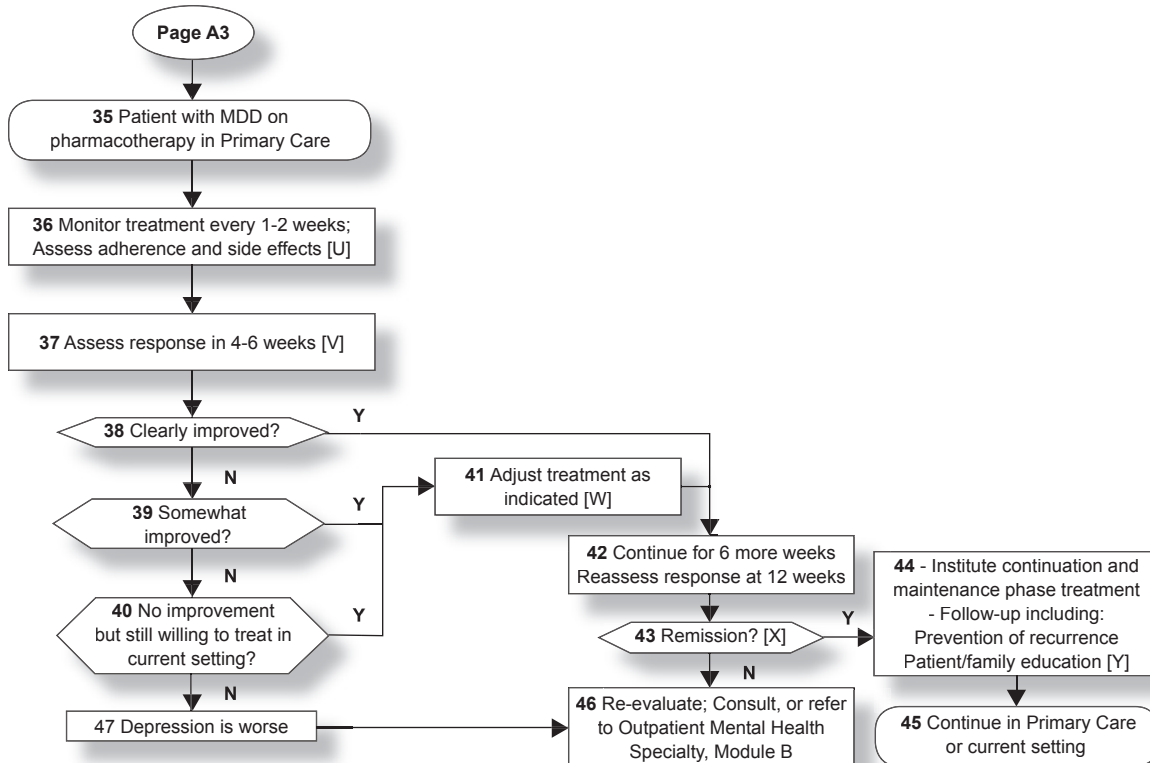
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MDD Guideline Algorithm *DSM-IV Codes*

DSM-IV Code	DIAGNOSIS
296.2x	Major Depressive Disorder, Single Episode
296.3x	Major Depressive Disorder, Recurrent
300.4	Dysthymic Disorder
DSM-IV 5th Digit Sub-classification Codes: “x” in 296.0–6x	
0 Unspecified	4 Severe, with Psychotic Behavior
1 Mild	5 In Partial or Unspecified Remission
2 Moderate	6 Full Remission
3 Severe, No Psychotic Behavior	

